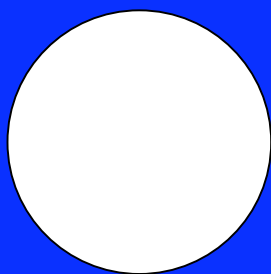


Campus Chronicles

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Volume 1, Issue 10



This is a pie chart created by a procrastinator.

QUICK NOTE:
The snack bar will be closed during finals... there will be hot water and a microwave available in the snack bar area during breaks. This gives a break to the students who run our snack bar. Please give these volunteers a **BIG THANK YOU!** for serving you so faithfully.

EPIC Bible College

(916) 348-4689

Procrastination, by Jordan Hulog

Procrastination: I'm sure this is something with which most EPIC students are well acquainted. Almost all of my friends who attend EPIC are as bad, if not worse than, me when it comes to getting papers done on time. I make sure my assignments are turned in by the due date, but seldom can I say, "It was my best work." This is a result of waiting until the last minute. Procrastination can actually cause a smart person to appear stupid—while rushing to get an assignment

finished; one may make blatant errors, which would otherwise be noticed during the editing process. However, when EPIC students rush to the library to print out their papers at break, proofreading is the last thing on their minds.

Procrastination has not come to tempt you just because you're an American. The habit of putting things off until later is something that plagues people all over the world. Andre Reis procrastinates all the time on his schoolwork and he's from Portugal.

--Continued on page 5

Have you ever been stuck in the mud?, by Paulina Quesada

I waited patiently for the LORD; He turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; He set my feet on a rock and gave me a firm place to stand. He put a new song in my mouth, a hymn of praise to our God. Many will see and fear and put their trust in the LORD.
Psalm 40:1-3 (NIV)

Sometimes, it is hard to see clearly, when troubles abound all around. Have you ever felt as if you have been stuck in the mud? If you have, then you know that it will pull you down. It is extremely difficult to try to get back up because there is always some kind of sticky

sediment that clings—as if trying to suck one back into the mud.

Over this past season, many of us have stepped into a puddle of mud and slipped into a downward spiral right into the slimy pit. Does this sound familiar?

--Continued on page 3

Footholds, by Andrew Guthrie

“And do not give the devil a foothold.” Ephesians 4:27 (NIV)

Such a simple statement, is it not? It is so simple that we Christians tend to overlook it at times. There’s a story that supports this verse and shows a reason why we can’t let even one foothold be given to the devil. This story was told by a pastor in Haiti:

“A certain man wanted to sell his house for \$2,000. Another man wanted to buy it very badly, but because he was poor, he couldn’t afford the full price. After much bargaining, the owner agreed to sell the house for half the original price, with just one catch: he would retain ownership of one small nail protruding from just over the door. After several years, the original owner wanted the house back, but the new owner was unwilling to sell. So the first owner went out, found a dead rat, and hung it from the single nail he still owned. Soon the house began to stink and soon became unlivable. The family was forced

to sell the house to the owner of the nail.”

The pastor ended his story by telling his congregation this, “If we leave the devil with even one small peg in our life, he will return to hang rotting garbage on it, making it unfit for Christ’s habitation.”

No words have been more truly said. We are commanded in Ephesians 4:27 to not give the devil a foothold. Remember, footholds become strongholds. Strongholds then become bondages. We are to stand strong in what we believe in. The popular verse, James 4:7, gives us encouragement in standing strong, “Submit yourselves, then, unto God. **Resist the devil, and he will flee from you**” (James 4:7 NIV, emphasis added). If we fully commit every part of us (whether known to others or hidden) to God, then the devil will flee from us because we are in God’s power and blessing.

*Free
indeed!*



Stuck in the Mud continued from page 1

It is much like the muck and mire of life. This grip of sin will hold us down, and the more we struggle to get free--the deeper we sink. Often when we are calmly walking on the road of life, we suddenly find ourselves engulfed in fear, desperation, loneliness, and exhaustion. Our minds are full of anxiety and depression. These gut-wrenching pits of doubt, despair, and distress manifest themselves so quickly that we have no clue as to what is happening. All we feel is the sensation of sinking deeper and deeper into the pit that we have dug for ourselves.

In that moment, we must begin to pray to God about our troublesome life and the burdens that at times are very difficult to bear. We need to turn to Him to ask Him to quickly save us from our devious ways and the sins that so easily beset us. Our Lord

Jesus Christ is the only lifeline. He is a place of strength and safety. He will keep us from falling into mischief and sin.

When you are stuck and feel imprisoned, you must place your trust in our Lord and meditate on God's word. If we cry out to the Lord and wait patiently for Him to rescue us, God will answer and extend His hand to pull us out of the mud and free us from the chains of sin.

The Bible states in Psalm 130:5, "I wait for the Lord, I expectantly wait, and in His word do I hope." For those who wait in faithfulness and place your trust in the truth and love of our Lord God's love, He will always protect you. He is your help and your deliverer every time you are stuck in the mud. He is always there, just waiting to hear from you.



*When we get unstuck,
the world looks
brighter!*

EPIC Soccer

Do you like playing soccer? How about INDOOR SOCCER? If you are interested in playing on a co-ed indoor soccer team, contact Nathan Colburn, Box 182. The ISA2000 indoor soccer arena is at 4670 Aldona Lane, off Auburn Blvd. The winter 8-game season is starting in November. Slots are available for Saturdays, but we need to move quickly to assure a spot. The cost will vary according to number of participants. You may also contact Prof. Colburn for more information at tcolburn@epic.edu.

This Week in Church History with Pastor Charlie

October 31, 1517: German Augustinian monk Martin Luther nailed to the door of the castle church in Wittenberg a list of 95 theological points he wished to debate ... and touched off the Protestant Reformation!

November 1, 1210: King John of England began imprisoning Jews.

November 1, 1512: Michelangelo's amazing paintings on the ceiling of Rome's Sistine Chapel were first exhibited.

November 1, 1776: Mission San Juan Capistrano was founded in California.

November 1, 1950: Pope Pius XII proclaimed the dogma of the *Assumption of the Blessed Virgin Mary*. He taught that, at the end of her earthly life, Jesus' mother was taken, body and soul, into heaven to be united with the risen Christ.

November 2, 1789: During the chaos of the French Revolution, all Church property in France was taken over by the state.

November 2, 1917: British foreign secretary Arthur J. Balfour issued the *Balfour Declaration*, calling for "establishment in Palestine of a national home for the Jewish people." This planted the seed that led to the establishment of the modern state of Israel in 1948.

November 3, 753: Death of St. Pirminius, first abbot of the Benedictine monastery at Reichenau, Germany. He was the author of a book, which is the earliest known writing to contain the *Apostles' Creed*.

November 3, 1631: English clergyman John Eliot first arrived in Boston. He became the first Protestant minister to evangelize American Indians.

November 3, 1925: The Pentecostal Ministerial Alliance was organized at St. Louis, MO. It became the forerunner of a new denomination, established in 1932 as the Pentecostal Church, Inc.

November 4, 1646: The Massachusetts Bay Colony passed a law making it a *death-penalty offense* to deny that the Bible was the Word of God.

November 4, 1740: Birth of Anglican clergyman Augustus M. Toplady, a highly respected evangelical leader and author of the great hymn "*Rock of Ages*."

November 4, 1966: London's *Evening Standard* newspaper published John Lennon's controversial remark stating that the Beatles were "more popular than Jesus." The quote touched off a storm of controversy, resulting in a worldwide boycott of Beatles music.

November 5, 1414: The Council of Constance (16th ecumenical council) opened in Switzerland. It ended the "Western Schism" by electing Pope Martin V to replace the three men who had been simultaneously claiming to be the true Pope.

November 5, 1950: Billy Graham's "Hour of Decision" program was first broadcast over television.

November 6, 1789: Following the American Revolution, Father John Carroll was appointed the first Roman Catholic bishop in the newly organized and independent United States of America.

Procrastination continued from page 1

Professor Daniel Harden teaches the Study Skills class here at Epic. He admitted that his study habits had been lacking the entire time he was working on his bachelor's degree. However, he realized (fortunately, not too late) sometime during his master's program that he needed to develop better habits. As with all things, procrastination is a habit. There is no single habit that cannot be broken when will power is applied, and certainly there does not exist any habit, attitude, or mindset that cannot be reversed with the aid of the Holy Spirit.

Professor Daniel had many insightful tips to offer regarding time management. This advice may pertain to all aspects of life. Here is a portion of that interview:

Jordan: Ironically, I procrastinated on setting up this interview with you, Daniel.

Daniel: I'm not surprised. I'd estimate that 80% of the students that I've had procrastinate in over half of their responsibilities (school or otherwise). This is because they lack basic time management skills.

Jordan: What is the first tool you would recommend to someone who is interested in managing his or her time better?

Daniel: Get a weekly master calendar. Schedule all of your weekly and daily events as well as appointments or meetings. I would even recommend that you scheduling meetings with yourself.

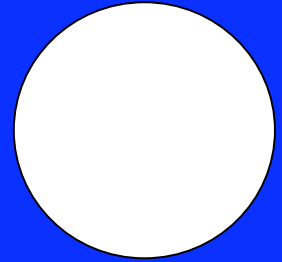
Jordan: What would you say to the people whose excuse is

that they work better under pressure?

Daniel: It's a learned behavior. It is forced behavior. You will not be as effective when you wait as you would if you do it punctually. Procrastination is reactive, not proactive. As Christians, we should be proactive.

I'm in class, or have been in class, with many of you who are reading this article. I realize that some of you are simply too lazy to do your work. Others of you do not accurately estimate the time it will take you to complete a given assignment. Still others share my problem—we've gotten away with procrastination before, and we see no urgent need to do anything about it. Yet, as Daniel mentioned, procrastination does not really work. The results (assignments) we produce as a consequence to postponing our responsibilities are not as high quality as they could have been had we managed our time in completing the task.

How long do you postpone eating? How long do you postpone household tasks? Do you also postpone prayer time with God Almighty? Stop putting things and apply yourself to God and your education. Get yourself a calendar and determine that you're going to use it. Dare yourself to develop discipline, and if you don't enjoy the benefits of the person you've become after a month, then by all means, go back to waiting until the last minute.



This updated pie chart on procrastination shows that~

ANNOUNCEMENTS

Daylight savings Time Ends on Sunday, November 7th

Remember to set your clock back one hour before you go to sleep on Saturday night.

The Matchmaker

Enjoy this farce by Thornton Wilder at T.H.E. Actors' Workshop & Integral Theater in Folsom Fridays - Sundays, now through November 7th. Friday - Saturday performances are at 8:00 PM with Sunday matinees at 4:00 PM. Audiences of all ages will enjoy this comedy: the basis for the musical "Hello Dolly." For more information, and to order tickets on line, go to www.actorsworkshop.net.

Winter Quarter Registration

Now open! Invite your friends and family to check out your favorite Bible college, and learn more about the EPIC way of training. Prospective students can contact the office at 916-348-4689 for more information or sit in on a class and chapel with you—to learn first hand how to make an EPIC difference in their world.



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Field Ministry Reports are past due.

Turn them in to your Academic Advisor ASAP.

MEXICO MISSIONS TRIP - EXPEDITION: BAJA - November 14-20

This trip is being coordinated through StudentReach. Participants will get an equal mix of hard work, enrichment and fun during this StudentReach expedition. The Baja mission will involve building houses for needy families who are among the poorest of the poor, community clean-up and working with orphanages in the area. Throughout the week there will also be leadership and team building lessons. During free time, activities will include going to the beach, hiking and campground fun. The cost is \$350 from the San Diego International Airport. Contact Pastor Karl Hus here at EPIC for more information.